

At Home Lesson – Topic Courage

Bible Story: Ready or Not (Moses and the Burning Bush / The 10 Plagues) • *Exodus 3–6:12, 7–12:42*

Memory Verse: *Be strong and brave. Do not be afraid. Do not lose hope. I am the LORD your God. I will be with you everywhere you go.* Joshua 1:9b (NirV)

Life App: Courage—Being brave enough to do what you should do, even when you're afraid

Worship Suggested Songs: Our God, Reckless Love

[Watch the complementary So & So Show video together as a family. \(Link Below Lesson\)](#)

1. So & So Show Video and Teaching

What You Say: “We covered so much in our Bible story today! From a burning bush, to all those terrible plagues, to Pharaoh finally agreeing to let the Israelites go. Did Moses WANT to go speak to Pharaoh? (*Pause.*) No way! Moses made all kinds of excuses because he was scared and he didn't feel ready. But, if God asks us to do something, do you think He'll be with us when we choose to obey? Absolutely. We can do the right thing, even if we don't think we're old enough or ready enough. **You can do what you should, even when you don't feel ready.**” [*Make It Personal -Tell kids about a time when you did the right thing as a kid but you didn't feel ready. Maybe you told the truth about something when no one else would. Maybe you stood up for a kid getting picked on. Share with the group what happened and how God helped you show courage in that situation.*]

2. Mixed-Up Relay

What You Need: Paper, markers, Bibles

What You Do:

- Help your child(ren) to look up Joshua 1:9b. Read it aloud together.
- Divide your family into two teams. If your family is small, everyone could be their own team.
- Give each team eight pieces of paper and some markers.
- Tell teams to divide up the verse into eight phrases and write each phrase on a piece of paper. (Each team can divide the verse up however they wish. It works best if each team does it differently.)
- Collect each team's papers, and mix each set up (but keep the sets separate).
- Tell teams to line up at one end of your space.
- Place the sets of verse pages upside down at the opposite end of your space, but mix them up so that teams will be relaying to get the OTHER team's set of pages (but don't tell the family you're doing this).
- Instruct teams to relay to collect the pages and then put them in order.
- The first team to finish is the winner.

What You Say: “You might not have realized at first that I mixed up the sets of verse pages, but I bet you figured it out when you started putting them in order and the phrases were divided up differently than the way you had done it. That made it a bit more difficult to put it in order, because you weren't expecting it. In life, we don't always expect what happens, and we don't feel ready to deal with what might come. We all might be feeling this way right now with the virus and it is okay to feel this way, but God can give us the strength and courage to do what we need to do. [**Bottom Line**] **You can do what you should, even when you don't feel ready,** because God is always with you.”

3. Pray and Bless

What You Say and Might Pray: “One thing we can do to make sure we're ready for whatever comes is to pray and ask God to remind us that He is with us. I would like you to repeat each phrase after I say it out loud. We're basically going to be praying our memory verse. This will help us remember that **you can do what you should, even when you don't feel ready.**”

“Dear God, help me to be strong and brave,

“Help me not to be afraid.

“I know you are the Lord my God

“And that You will be with me everywhere I go.

“In Jesus' name, amen.”

4. Weekly Family Devotional Sheets for (links below)

- [Toddlers – Pre-K](#)
- [Kindergarten – 5th Grade](#)